To All Collectors.

Sub:- Best Innovative Practices in Mid-Day Meal Programme.

Madam/ Sir,

1. Enclosed please find the documentation of some of the best innovative practices in Mid-Day Meal for adoption in your district.

2. You are further requested to send a write-up on any success story on MDM & other innovative practice in use in the schools of your district for publication in the Annual Mid-Day Meal Magazine.

3. I am again to remind you that vide this office letter No. 187 dt. 25.02.2013 it has been communicated that Madhyan Bhojan Puraskar would be given on 15th Aug, or 26th January every year.

4. Therefore, I request you to generate awareness on MDM by conducting Song, Dance, Art, Debate, Essay competition on MDM awarding the best SMC, best SHG, best Cook-cum-Helper for their role in MDM.

Your feedback would help in serving quality mid-day meal better.

Encl: PowerPoint Presentation.

Yours faithfully,

[Signature]

Commissioner-cum-Secretary

Memo No. 428 /Dt. 29/04/2013

Copy forwarded to all D.I of Schools & DPCs for information and follow-up action.

[Signature]

State Nodal Officer (MDM) & Ex-Officio Joint Secretary to Govt.

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“Nutrition for Education”
Best innovative practices (MDM), Odisha

The Slogan of MDM, Odisha is (Nutrition For Education)

Hand Wash Abhiyan

For hygiene of students hand wash Abhiyan has been taken-up in all schools. Health and hygiene, both contribute to the nutrition of students. A bar of soap or a bottle of hand wash liquid is very insufficient to cater to the need of hand washing and dish cleaning of so many students within the lunch break. So the disposed off the thrown away cold drinks plastic bottles have been collected. Two to three small holes have been made on the cap of the bottle. The hand wash liquid (Dettol or lifebouy) purchased from the market is diluted with the water and 20 to 30 plastic bottles filled with diluted hand wash liquid are kept ready for use by 200 children or students.

Benefit:
- It is cost effective.
- It save the time of the children
- It reduces the rush and congestion among the students.
- It ensures protection of environment by re-use of the plastic bottles.
Multi-Tap Water Source

Children need water for drinking purpose and washing purpose while taking mid day meal. But a school having a single tube-well or a single tap-water source can not serve the above purpose for 100 or more children. The innovative device of multi-tap water source at the tube-well point or at the pipe source point has been introduced with little expenditure of a plastic pipe, few taps and if required a rubber pipe. With the help of this rubber pipe the multi-tap water source can be installed in any suitable place.

Benefit:
- It is cost effective.
- It save the time of the children
- It reduces the rush and congestion among the students.
- It is so flexible that with a pipe the multi-tap water source can be extended from the water source to any convenient place.
Mid Day Meal Observation Register

Every school is supposed to maintain a Mid-Day Meal Observation where in any visitor, supervisory officer, PRI members, SMC members, Media person can leave their remark on Mid-Day Meal of the School. The observation would be red-out in the SMC meeting for improvement of mid-day meal quality and transparency.

Benefits:
- It is a tool of transparency of mid-day meal
- It is a tool of mid-day meal social audit.
- It helps to improve the quality of mid-day meal
Sishu Khadya Mantri & Sishu Swasthya Mantri

Every school is supposed to have a school cabinet where in one Sishu Khadya Mantri and one Sishu Swasthya Mantri look after the food and health of the children in the school. On behalf of the children the two child Ministers share their views on food and health after the prayer class is over while addressing the teachers and the taught.

Benefit:
- It ensures involvement of the children and active participation
- It boosts the confident of the children
- It makes a check and balance system for transparency.

Address by Sishu Khadya Mantri
Inclusive Dinning

Every school is supposed to observe the Madhyan Bhajan Sahajog Divas on the SMC day i.e. the day on which the School Managing Committee holds the meeting. On the said day the parents are also invited. Many children with special needs are invariably present on the day. During consumption of mid-day meal the mothers of the CWSN remain present and feed the Autistic child and the MR child also.

**Benefit:**
- Inclusive dining definitely helps inclusive education.
- Inclusive dining pre-supposes mothers participation.

Inclusive Dinning

SMC-cum-MDM Cooperation Day

Inclusive Dinning
**Observance of Happy Birth Day**

- Observance of Birthday of a child is an occasion which gives happiness, recognition & self-confidence to a child.
- It cements friendship further.
- It is suggested to encourage observance of Happy birthday of any child where the parents request the school by contributing to the quality or quantity of Mid-Day Meal during the MDM lunch break.
- Art, Song, Dance, Essay, Debate competition on MDM amongst the Teachers, children, SMC, WSHG, Parents, Cook-cum-Helper and giving the prize & recognition.

**CAPACITY BUILDING**

**Video Conference of DPC & D.I on MDM**